

ARRERENTE TRANSLATION

# BOWEL ILAMA YURLA KWANA ATHA NDAMA YURLA WARA ILIMA ITJA NGITJA ARPUNTHA KANTHA BOWEL NTHUNTHA ILAMA TNERTA KWANALA.

Tnert kwanala nima lytjarrnkna lytjarrnkna era ndima kurnirrima  
era kurna-nthurirruma apa cancerumm.

**Bowel Screening can save your life. Make sure you're around to be strong and healthy for your family.**



Bowel Screening nthantha era ititha unkganga tjena ilima miyna eyltaramala doco'la. Miynda nthunthera nima Australia ntjapera toomala kutatha nthurra, eritha pika eyltareme arrkurla, arrkurla docto'la ngingtha mbarima marriritjika apa yurrelthi lthama marra nitjininga. Lthakinthinga unta inai free bowel screen test nthanth erinth. Test nthnantha era nima tjinpa, mprila unta erinth mpaima reneyalangirra.

**Bowel cancer is the second most common cause of cancer deaths in Australia. But if it's found early, up to 90% of cases can be successfully treated. So make sure you use your free bowel cancer screening test. The test is easy and can be done in the privacy of your own home.**





## INAY

Meynda (Bowel Cancer) nthantha erintha inima relth 50 apa 74 enkuia worila unta engkuia nthantha errima unta inma yultha (Bowel Screening Kit) nthuntha erinth.

**Get it:** People aged 50 to 74 will receive a kit in the mail.



## MBARAY

Test era nima pilkila ngirra wara itja impitjika anmika unta impuma kuta nthurra ngkuanga etatha kurnirrinma.

**Do it:** The test is free and will take just a few minutes at two different times. So don't put it off until later – get it done.



## POSTIMILAY

Unta test nthuntha erintha mpara mala ipirra yarnitnai envelope lia unta itja payimiuma.

**Post it:** Return the kit in the mail using the envelope provided. You don't need stamps or to pay for postage.



## MBARAGA

Doctor-la ngkitja ngkanka yarnitnima 2 week wara nimala.

**Done:** The results will be sent to you and your doctor within two weeks.

Nthantha National Bowel Screening Program tjeynirrama 2020 yurna lthankinthunka relth 50 apa 74 la initjina Bowel Cancer Kit nthuntha erintha.

**Ngitja wotha witjika ringimlai 1800 11 88 68**  
itjnga [australia.gov.au/bowelscreening](http://australia.gov.au/bowelscreening).

## Bowel Screening nthuntha itithika tjeynyimntja-ka

The National Bowel Cancer Screening Program is expanding and by 2020 people aged 50 to 74 will receive a kit every two years. For more information, call **1800 11 88 68** or visit [australia.gov.au/bowelscreening](http://australia.gov.au/bowelscreening). **Bowel screening. It's a gift for living.**



Australian Government

**NATIONAL  
BOWELCANCER**  
SCREENING PROGRAM