

ALYAWARRA TRANSLATION

# ARETYEK, ARNTETYEK, NGAP ITETHIRREM.

Iteth anayntetyek nga, mwerr nga anayntetyek, ngkwenh-rnem-itwek.

Bowel Screening can save your life. Make sure you're around to be strong and healthy for your family.



Bowel cancer, pwenty ampwa, akngerr ilwem cancer ingwer-akert. Arrwekel aretyek, mwerrethen antheyek. Alakenh akngerr, 90-pel mwerriletyek, 10-pelant mwerriley-angenh. Alakenh ampwal test kit ntwā inetyek, arntetyek arrkernetyek. Arwa arrkerney arntetyek, pwentyek apmer ngkwenhel, warl kwenel, nga amentel aneyelel.

Bowel cancer is the second most common cause of cancer deaths in Australia. But if it's found early, up to 90% of cases can be successfully treated. So make sure you use your free bowel cancer screening test. The test is easy and can be done in the privacy of your own home.



## INETYEK

Ampwernem age 50, 74-ek-atwetyek, ikwernem-warl thwenem ampwal mail-angkwarr aherrety year atherrel.

**Get it:** People aged 50 to 74 will receive a kit in the mail.



## ARRKERNETYEK

Man payemiley-angenh. Arwa anamerl arrkernetyek atherr-ingwer. Lyertant alakenh arrkerna.

**Do it:** The test is free and will take just a few minutes at two different times. So don't put it off until later – get it done.



## THWENEM

Mail-angkwarr thwenem, envelope-akertel. Stamps-ek mail-ek payemiley-angenh.

**Post it:** Return the kit in the mail using the envelope provided. You don't need stamps or to pay for postage.



## KEL

Rernem thwenem ngkweng-warl, doctor ngkwenh-warl-then, wik atherrek-atwety.

**Done:** The results will be sent to you and your doctor within two weeks.

Akngerrel arrkerneyel arntetyek. Aherrety year 2020 thwenem ampwal nhenh akngerr-warl, ampwernem ingkerr-warl, age 50, 74-ek-atwety.

**Alakenh nga akalty anetyek, ntwaa aretyek**  
**[australia.gov.au/bowelscreening](http://australia.gov.au/bowelscreening),**  
**telepwen-angkwarr awetyek 1800 11 88 68.**

**Arrkernetyek pweny arntetyek. Nhenh anthem, iteth anayntetyek.**

The National Bowel Cancer Screening Program is expanding and by 2020 people aged 50 to 74 will receive a kit every two years. For more information, visit [australia.gov.au/bowelscreening](http://australia.gov.au/bowelscreening), or call 1800 11 88 68. **Bowel screening. It's a gift for living.**



Australian Government

**NATIONAL  
BOWELCANCER**  
SCREENING PROGRAM