

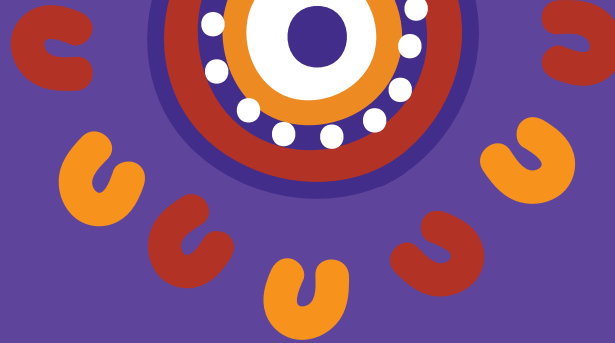
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#### Artwork Story

These artwork elements were created by Gilimbaa artist Rachael Sarra, a proud Goreng Goreng woman.

The elements represent women and families coming together and connecting with each other, health workers and their communities to yarn about the important role women's health plays in maintaining a healthy family.

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### Where can I go for more information?

If you have any symptoms, such as unusual pain or bleeding, you should see your health worker immediately.

You can also find out more at:

[www.cancerscreening.gov.au/cervical](http://www.cancerscreening.gov.au/cervical)  
or by calling **13 15 56**

If you have problems with your health, you should see your health worker immediately.

# A NEW AND BETTER TEST FOR WOMEN

Talk to your health worker today – for yourself, your family and your community.



Australian Government

NATIONAL  
**CERVICAL SCREENING**  
PROGRAM

A joint Australian, State and Territory Government Program

Regular tests as part of your women's health checks is the best way to stay healthy and strong for yourself, your family and your community.



### **The new test is safe and better.**

Although it will feel the same for you, the new test is better. This is because it checks for a virus that could cause changes to your cells.

It is safe to have this new test every five years, instead of two like the old Pap test.

Your health worker will get your results about two weeks after your test and may contact you to talk about your results.

### **What is the new test?**

The Pap test has been replaced with a new test, which you only have to do every five years.

The test is quick and simple. If you have ever had a Pap test before, the way this test is done will feel the same.

It might be a bit uncomfortable, but it shouldn't hurt. If it hurts, tell your health worker straight away.

A health worker could be a general practitioner (GP), nurse or doctor at an Aboriginal Medical Service, community or women's health centre, or family planning and sexual health clinic.

Remember, you can always ask for a female health worker to do your test.

### **When do I need my next test?**

For most women aged 25-74 years your next test is due 2 years after your last Pap test and then it will be every 5 years if your result is okay.

If you're unsure when your next test is due, talk to your health worker.

Three months before you're due to have your next test, you'll receive an invitation to remind you to make an appointment with your health worker.

